# **Background image fills the entire document. Image features decorative title at the top of the page that states: "There's a Button for 'Life Stuff'. Additional text under the title states: "An adaptation of the Kris A. Weberg "Life Stuff" radio button". The bottom of the page has a banner that states: "Durham Technical Community College"**Do You Need Help With...?

Table 1: Resources and contact information

| Area in which you might need assistance, and helpful Contact Information |
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| LIFE?  * National Suicide Prevention Lifeline: 1-800-273-8255 * National Disaster Distress Hotline: 1-800-985-5990 * National Domestic Violence Hotline: 800-799-SAFE |
| FOOD?  * The Campus Harvest Food Pantry: 919-536-7231 x8194 * Food and Nutrition Food Services (FNS): 919-560-8000 * Women, Infants, and Children (WIC): 919-956-4042 * No Kid Hungry: Text FOODNC to 877-877 |
| WELLNESS?  * Durham Tech Counseling Center: 919-536-7200, ext. 1408 * 24/7 Student Wellness Line: 704-529-1428 or 800-633-3353 * Alliance Behavioral Health Access Line: 1-800-510-9132 * 24/7 Durham Crisis Response: 919-403-6562 |
| FINANCES?  * Durham Tech Financial Coaching: 919-536-7200, ext. 1407 * Finish Line Grant, Restrictions Apply\*   + Durham Tech Counseling Center: 919-536-7200, ext. 1408 |
| TUTORING & TECHNOLOGY?  * Center for Academic Excellence: 919-694-7084 * Customized English Language Tutoring: 9191-536-7264 * Durham Tech Library: 919-536-7211, ext. 1631 * Durham Tech Loaner Laptop Program: 919-885-4352 * Basic Computer Skills Assistance: Call or Text: 704-312-2243 or 984-999-1916 |
| PARENTING?  * Student Parent Success Network: 919-885-4352 * Find Childcare NC: 1-888-600-1685 * Emergency Backup Childcare: 919-966-2544 * Head Start Program: 1-866-763-6481 |